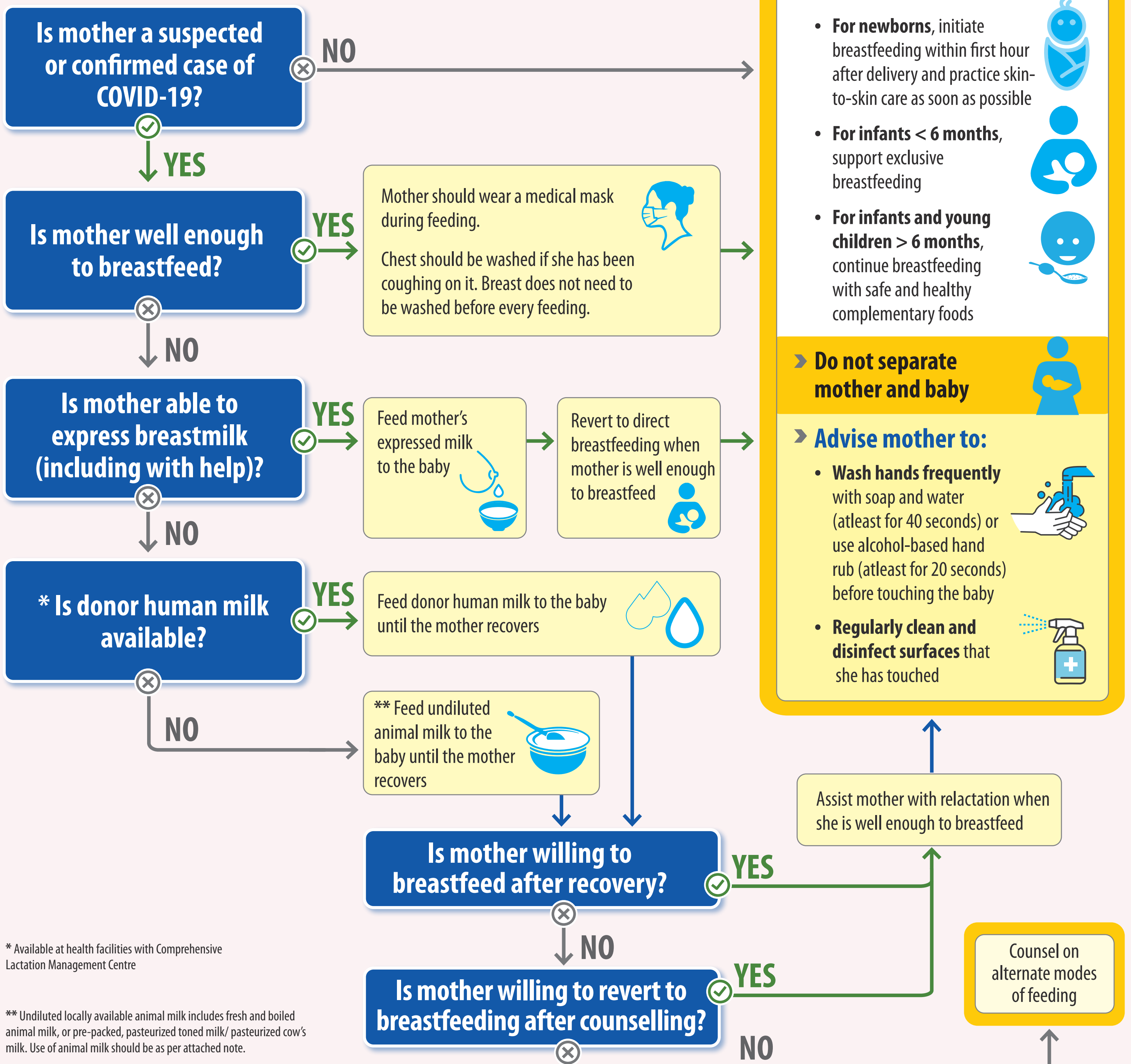


Decision Tree

for breastfeeding in context of COVID-19: Guidance for health care workers in facility and community settings



Breastfeeding should be promoted irrespective of mother's COVID status. It improves survival and provides lifelong health and development advantages to newborns and infants. Breastfeeding also improves the health of mothers.



► **Support mother to breastfeed:**

- **For newborns**, initiate breastfeeding within first hour after delivery and practice skin-to-skin care as soon as possible
- **For infants < 6 months**, support exclusive breastfeeding
- **For infants and young children > 6 months**, continue breastfeeding with safe and healthy complementary foods

► **Do not separate mother and baby**

► **Advise mother to:**

- **Wash hands frequently** with soap and water (atleast for 40 seconds) or use alcohol-based hand rub (atleast for 20 seconds) before touching the baby
- **Regularly clean and disinfect surfaces** that she has touched

* Available at health facilities with Comprehensive Lactation Management Centre

** Undiluted locally available animal milk includes fresh and boiled animal milk, or pre-packed, pasteurized toned milk/ pasteurized cow's milk. Use of animal milk should be as per attached note.