

Government of Odisha
Department of Women & Child Development and Mission Shakti

No. WCD-ICDS-G-SCHM-0055-2018 11711 / WCDMS, Dt: 11-7-18

From

D. Prasanth Kumar Reddy, IAS
Director, ICDS & Social Welfare

To

All Collectors
(Except Bhadrak)

Sub:- Revised Menu entitlement for Take Home Ration (THR) for Adolescent Girls under Scheme for Adolescent Girls (SAG)

Madam/Sir,

In inviting a reference to the subject cited above, I am directed to say that Govt. in WCD & MS Department have issued Notification on revision of ration cost norms under SAG, vide No. 5082, dtd. 28.03.2018 as detailed below.

SI No	Category	Existing Rate Rs./day/beneficiaries	Revised Rates Rs./day/beneficiaries
1	Adolescent Girls (Out of school 11-14 years)	Rs. 5.00	Rs. 9.50

1. Basing on revised cost norm under SAG, a detailed revised menu entitlement for preparation and supply of THR for the beneficiaries under the above scheme, is enclosed herewith for your information and necessary action.


2. The previous menu entitlement under SAG issued earlier is hereby superseded.

3. You are therefore requested to issue suitable instructions to all ICDS field functionaries of your districts and also

- Orient the ICDS personnel (CDPOs and Supervisors) by 5th July before roll-out of the menu.
- Orient all the members of THR units (SHGs) by 5th July.
- Orient the AWWs at Block level by 10th July.
- Sensitize members of Jaanch Committee and Mothers Committee by 15th July.

5. The detailed guidelines in this regards shall follow shortly.

Yours faithfully,


Director, ICDS & SW

Memo No 11712 /WCDMS, Date 11-7-18

Copy along with copy of enclosures forwarded to the P.S. to Hon'ble Minister, Department of WCD & MS/ P.S. to Chief Secretary/ P.S. to DC-cum-ACS/ P.S. to Principal Secretary/ P.S. to Director, ICDS & SW, Department of WCD & MS for kind information of Hon'ble Minister, WCD & MS/ Chief Secretary/ DC-cum-ACS/Principal Secretary/ Director, ICDS & SW, Department of WCD & MS.

Memo No 11713 /WCDMS, Date 11-7-18

^{RD by e}
Joint Secretary to Govt.
09/07/2018

Copy along with copy of enclosures forwarded to all DSWOs/ all CDPOs for information and necessary action.

Memo No 11714 /WCDMS, Date 11-7-18

^{RD by e}
Joint Secretary to Govt.
09/07/2018

Copy forwarded to all officers of the Department for information.

Memo No 11715 /WCDMS, Date 11-7-18

^{RD by e}
Joint Secretary to Govt.
09/07/2018

Copy along with copy of enclosures forwarded IT Section for information and necessary action, they are requested to webhost the revised menu entitlement(SAG) in the Department website.

^{RD by e}
Joint Secretary to Govt.
09/07/2018

REVISED MENU FOR ADOLESCENTS GIRLS UNDER
SUPPLEMENTARY NUTRITION PROGRAMME, 2018

1. TAKE HOME RATION

Take Home Ration under ICDS								
Sl. No	Type of beneficiary	Type of THR	Entitlement per month	Net quantity of Chhatua per packet after allowing 10% processing loss	Calorie per day (K.cal)	Protein per day (gms)	Ration Cost per day, In Rs	Quantity to be consumed per day
1	Adolescent Girls	Chhatua	4 Kg	3.6 kg	631	21	9.5	160 gms
		Groundnut & Raasi Chikki or Ladoo (each pc of 24.4 gms)	25 pcs	NA	128.91	4.69		1 pc
		Eggs	16(4 boiled eggs per week)	NA	55.36	4.26		4 eggs per week
		Additional quantity of Groundnut chikki or ladoo to Adolescent girls who do not eat eggs - 54 pcs per month						
Sub Total					815.27	29.25		

Frequency of supply of THR

Sl. No	Item	Frequency of supply	To be supplied by
1	Chhatua	Monthly	SHG at the Project level
2	Eggs	Tuesday, Wednesday, Friday & Saturday	AWW at the AWC
3	Groundnut, Raasi, Jaggery Chikki, Ladoo	Monthly	SHG at the Project level

Composition of Take Home Ration

Composition of Chhatua for Adolescent Girls(11-14 yrs), 4.0 kgs per beneficiary per month					
Sl. No	Diet Type	Ingredients	Quantity, in gms	Calorie per day	Protein per day
1	Chhatua	Wheat	2343		
2		Bengal Gram	580		
3		Groundnut	444		
4		Sugar	633		
		Total	4000	631.00	21

Composition of Groundnut, Raasi & Jaggery Chikki or Ladoo for Adolescent Girls					
Sl. No	Menu	Ingredients	Quantity required for 25 Ladoos, in gms	Calorie per day	Protein per day
1	Groundnut, Raasi & Jaggery Chikki or Ladoo	Groundnut	450	103.68	4.6
		Rasi	10	2.25	0.07
		Jaggery	150	22.98	0.02
		Total ingredients	610	128.91	4.69
*Total ingredients for 25 pcs is 610 gms (wt. of each pc 24.4 gms)					

Nutritional Standards under ICDS in Odisha

Sl.No	Category	Type of Meal	GoI Standards		Modified norms followed by GoO as per revised ration cost	
			Calorie	Protein	Calorie	Protein
1	2	3	4	5	6	7
1	Adolescent Girls (11-14 yrs)	THR	600	18 to 20	815.27	29.95

N Nayak
S.M.N.D.P.

Shankar
AD-cum-OS

AD Nayak